



Utilisation Report for TASNA Association

April 2024 – June 2024



Assess
Malnutrition

Customise
Diet Plan +
Counselling

Repeat
until child is
cancer free.

Monitor
Progress

Provide
Food Aid

Cuddles FoodHeals Program



Know Your Hospital

Malabar Cancer Centre, Thalassery

MCC is providing a full spectrum of oncological care as an autonomous not-for-profit institution (200+bed hospital) funded by the State Government and other sources.





Your program

Supplements

Supplements help those children who are severely malnourished and may not have the time to only depend on a kitchen diet to improve their nutritional status.

At Cuddles, we provide Nutritional Supplements like Pediasure, PediaGold, Threptin Biscuits and feeding tubes for children who cannot consume orally.

Your program

Hot Meals

A freshly prepared, nutritious, and hygienic hot meal helps children get through long waiting hours during hospital visits. Filled with the right amount of carbs, protein, and fat, it keeps parents and kids away from unsafe street food.



Your program

In-meal Supplements

Foods like eggs, bananas, dry fruits, ghee, milkshake and lassi are provided as healthy supplements to bridge the gap in nutrition for all children.





Your program

Ration Bundles

Our Ration Program aims at providing a family of 4 with monthly dry ration to ensure that children are also provided with wholesome meals at home.

We noticed that due to financial constraints families who move to cities for treatment don't have enough to eat. This affects a child's daily calorie intake. Hence, the chance of abandoning the treatment increases.

Your program

Caregiver Support

We conduct parent support group meets to educate caregivers about nutrition and hygiene. We also help caregivers with coping mechanisms and emotional support through the child's treatment cycle.

We provide mothers with necessary counsel on cooking nutritionally appropriate meals, helping them with recipes so the child is looked after even after she/he is discharged and cured.



Program Reach

178 number of children

Between April 2024 and June 2024, we've counselled 178 children (cumulative month on month)
at Malabar Cancer Centre, Thalassery

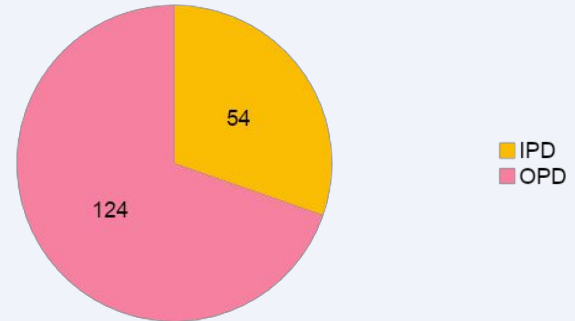
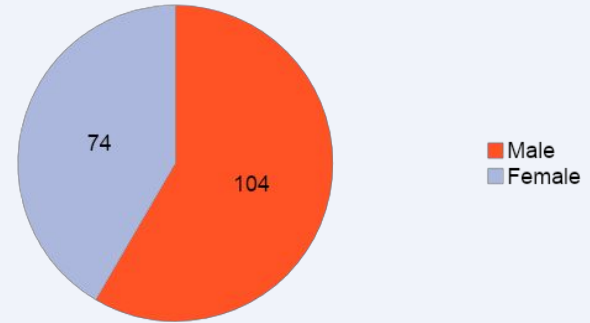
Program reach

178

children*

701 counselling sessions at Malabar Cancer Centre,
Thalassery

**month on month cumulative*

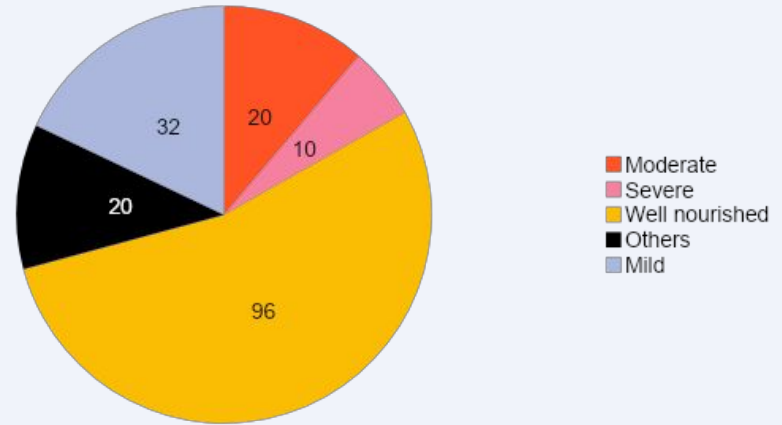


Nutritional Status

178

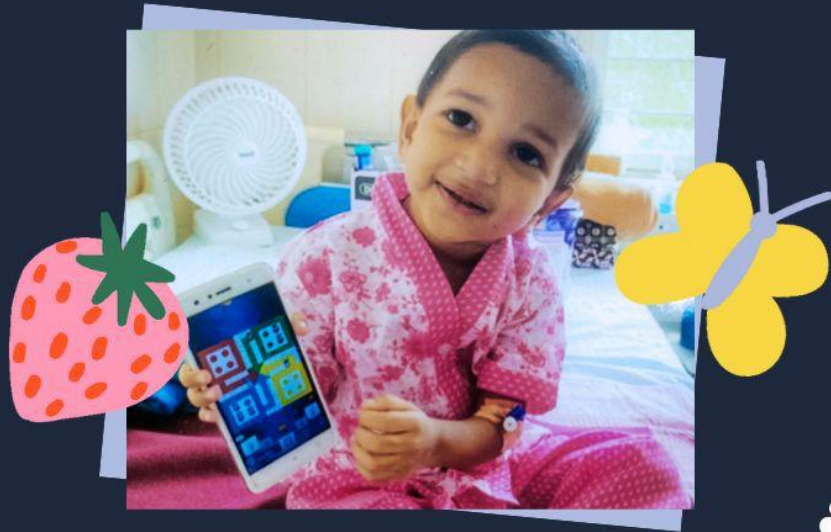
children*

The nutritional status of children counselled
at Malabar Cancer Centre, Thalassery



**month on month cumulative*

**Others: Obese,
overweight, missing
data*



Your support
helps kids like
Ayesha fight
cancer!

When school is a dream come true.

A story of a childhood saved.

A school uniform, pigtails with ribbons, high socks and polished shoes - That's what a parent pictures for their 5-year-old child. One of the biggest milestones in those early years is their kid's first day of school.

But for so many little lives who meet with a cancer diagnosis, like Ayesha, the word 'school' gets struck off and replaced with 'hospital' until they are well enough again.

Ayesha came to us in 2021 at our partner hospital. Today, at age 5, she is in maintenance mode of her treatment for Acute Myeloid Leukaemia and is busy preparing for her first day of school, ever!

Though her journey to get to this point has been a challenging one, the support of her family, her healthcare experts, and you - our donors, have all played a significant part in her life story. During the initial phases of treatment, she could barely open her eyes as they would swell up, and her little giggles were replaced with cries of pain. Her nutritional status was hovering around moderate thinness and needed to be bettered to give her body strength and lift up her spirits., Our nutritionist tells us about her journey - "With a child this young, the goal is very clear - how fast can we help this child feel well so that she can go back to being a happy kid again.

When school is a dream come true.

A story of a childhood saved.

When her mother was in labour with her second child, Ayesha faced severe side effects of mucositis and febrile neutropenia. She also became silent, unresponsive and disinterested in food. I knew I had to go the extra mile so I would play ludo and other games and built my rapport with her. She slowly started eating again. Along with the help of her Aunt who stepped up and was counselled by me, her nutritional status improved to 'well nourished'. We planned recipes that would keep the food tasty, and the plan worked!"Her father, an electrician managing a family of 4 and Ayesha's cancer treatment is deeply grateful for your support. "Our family has never experienced this kind of illness in the past and it came as a very big shock.

Thanks to the supplements, ration, meals, and our nutritionist's support, my child is now getting ready for her first day of school. She wants to be a doctor when she grows up. I hope we can make her dream come true."

Ayesha is now in maintenance mode and continues to receive all the nutritional support she needs for this stage of her recovery journey. Whenever she comes for her check-ups, she runs to meet her nutritionist-didi first. It's been a true joy for all of us here at Cuddles to have played a part in helping this little champ get ready for her first day of school ever.

Grant Utilization

INR 4,85,794 was utilized between April 2024 to June 2024 at
Malabar Cancer Centre, Thalassery

Program Heads	April	May	June	Total
Counselling, Assessment and Nutrition Management Cost	32,543	32,706	31,227	96,476
Application Development and Maintenance	-	7,500	-	7,500
Curriculum Development and Capacity Building	-	-	590	590
Nutritional Supplements	-	5,621	13,115	18,736
Hot Meals	25,200	18,000	10,800	54,000
In-meal Supplements	-	-	14,400	14,400
Ration Bundles	-	1,11,722	1,16,019	2,27,741
Monitoring & Evaluation	-	-	851	851
Program Support Cost	-	-	23,500	23,500
Program Implementation Cost	-	-	42,000	42,000
Total	57,743	1,75,549	2,52,502	4,85,794

Grant Utilization

INR 4,85,794 was utilized between April 2024 to June 2024 at
Malabar Cancer Centre,Thalassery

Products Reach	April	May	June	Total
No. of Nutritional Supplements	-	5	14	19
No. of Hot Meals distributed	840	600	360	1800
No. of In-meal Supplements*	-	-	600	600
No. of Ration Bundles	-	26	27	53

**bananas, lassi / milkshakes, eggs*



Thank you for your generosity

For more information, contact
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